

Self-Raising Synopsis

Jenny Sealey is the Artistic Director of Graeae.

Jenny was going to direct an adaptation of a children's book called Flour Babies by Anne Fine.

Flour Babies is set in a boy's school and in the book, the boys are given bags of flour to look after, as if they were babies.

Jenny related to the central character in Flour Babies, as his Dad was a photographer. Jenny's Dad was a photographer and now, so is her son.

As Jenny started to adapt the book, her own story became the play - about family secrets and growing up deaf in a hearing family. She tells her story using family photos and bags of flour.

The title 'Self-Raising' is still inspired by the book, as Jenny thinks of herself as a Flour Baby. As the only deaf person in her family, she feels, like many deaf people, that she had to raise herself.