

## Self-Raising Content Notes - About the Performance

**Self-Raising** is performed at the Queendome, in the Pleasance Dome, pictured below:



- The show is one-hour long.
- It is performed in a relaxed environment, so you can leave and return to the space.
- The actor will hand out bags of flour to the audience.  
They contain real flour. The loose flour is gluten-free.

- You might be asked to hold one of the flour bags and there may be some eye contact / audience participation if you sit in the front rows.
- During the show there will be lighting changes, projections on a screen, recorded music and sound effects.
- The theatre has 5 rows of seats in a horseshoe shape around the performance space. The room can hold up to 130 people.